



EMERGENCY NUMBERS AND IMPORTANT INFORMATION

Name of the family: _____

Home Address: _____

Cross Street (nearest major intersection): _____

Home Phone: _____ Work Phone: _____

Mom's Cell: _____ Dad's Cell: _____

Email Address: _____

POLICE FIRE AMBULANCE = 911

POISON INFORMATION CENTRE: 1 800.268.9017

Hospital Name: _____ Phone #: _____

Trusted Neighbours or Relatives:

1. Name: _____ Phone #: _____

2. Name: _____ Phone #: _____

Children

1. Name: _____ Date of birth: _____

Health Card # _____

2. Name: _____ Date of birth: _____

Health Card # _____

3. Name: _____ Date of birth: _____

Health Card # _____

4. Name: _____ Date of birth: _____

Health Card # _____

Instructions to follow when receiving phone calls:

Instructions to follow when someone is at the door:

Are there any rooms off-limits to me and the children?

Am I allowed to play with the child outdoors, or bring them to the park or elsewhere? If so, should I apply sunscreen to the child before?

Do you have a spare key or an alternative way to get in the house?

Do you have an alarm system? If so, what would be my personal code? Could you please show me how to use it?

HOUSE RULES

Is the child permitted to use the video game console or any electronic devices? If so, are there any games off-limits?

Are there any rules the child or I should follow in your home?

Are there any rules with regards to the TV or computer that the child and I must follow?

Does the child have any allergies? If yes, what are the allergies?

If so, do they have an Epipen? If so, where is it kept and how many do they have?

MEDICATION

Does the child require any medication? If so, please provide written instructions on how to give the medication and where it is kept.

Name of the child	Age and Weight	Medication	Instructions <i>Dosage, to be taken with or without food</i>

Does your child have any medical conditions, special needs or medications that I should be aware of?

Where do you keep the First Aid kit and other first aid supplies such as bandaids, cold packs etc..?

Where do you keep the flashlight?

Does the family have an emergency fire escape plan?

Do you have any pets? If so, will I need to care for them? Please provide any specific instructions.

What is your child's favorite toy or game and activity? Is there anything off-limits?

What is your child's favorite TV show or movie?

BEDTIME

Will I need to give your child a bath?

What is your child's bedtime routine?

Does the child like bedtime stories? Do they like to have a night light or keep the door open? Should I stay in the room until the child falls asleep?

Is there any special blanket or stuffed animal the child likes to sleep with? Do they have special underwear for bedtime?

Are there special instructions for diapering or using the toilet? Where are the diapers, wipes, special underwear kept? Where do I keep the soiled diapers?

USING THE KITCHEN

Are there any foods off-limits for the child?

What appliances am I allowed to use? Microwave, stove, oven, toaster or blender?

REMEMBER

- ✓ Ask the parents for a house tour
- ✓ Give them your cell phone number if you have one and tell them if you prefer to be called or texted
- ✓ Discuss your rates and come up with a mutual agreement
- ✓ Discuss who will be bringing you to their house and who will be driving you back home
- ✓ Discuss when they think they will require your babysitting services (weekends, weeknights, summer etc...)

ADDITIONAL NOTES:

For additional copies, please visit our website:

www.menardsafetycourses.com